

## Dr. Jeff Turner, DPT Cert. MDT

### \*Personal Success Cases

This page Includes less than 1/40 of the Total Number of Success Cases.



## Natural Fast Lasting Texas Migraine Clinic

## Google



**Brooke Clock**

4 reviews

★★★★★ a day ago

LIFE CHANGING! I contacted Dr. Turner in December. At that time my migraines were terrible at best. I had tried everything under the sun, seen every doctor possible, and had every test done imaginable. I have spent THOUSANDS trying to cope and deal with my migraine and vertigo issues. Dr. Turner was my last plea for help and I have never been so grateful in my whole life. It is now March and I can now say I am happy to get out of bed in the mornings, can go ALL day with no symptoms, and live a normal pain free life. Dr. Turner is the opposite of the drug pushing, symptom masking, test taking doctor. He WILL get to the bottom of your issue and FIX it forever! If you have migraines, you need Dr. Turner!



Like



**Melissa Paluzzi**

Local Guide · 20 reviews

★★★★★ 5 months ago

I am amazed that this treatment ACTUALLY worked for me! After dealing with migraines for 30 years, this is a Miracle! Dr. Turner is easy to work with, and office visits on the internet are also smooth and efficient. His staff is very pleasant and accommodating as well. DO YOURSELF A FAVOR AND GET EVALUATED!



Like



**Stuart Bakay**

2 reviews

★★★★★ 6 months ago

This has been a life changing process and I can't recommend Dr. Turner and the amazing staff at Texas Migraine Clinic enough. I've suffered with migraines for decades and have taken meds for almost 20 years, to the point I was about to inject another med into my stomach for relief. Dr. Turner turned my life around and did it without having to take any medication. I am forever grateful for what Dr. Turner Has done for me.



Like



**Lance Kimbro**

1 review

★★★★★ 3 years ago -

Had migraines since I was 12 years old. Went through the typical pharmaceutical paradigm for years and never had success. For the first time in my life not only do I feel confident that I will never have another migraine, but I'm at ease knowing exactly what caused them and what to do should I ever have another.

So grateful and blessed to have found Texas Migraine Clinic. Literally life savers.



2



**Sarah Parker**

3 reviews

★★★★★ a year ago -

I went from daily migraine medication (Topiramate) for over 10 years, to zero meds within 2 months of my first visit with Dr. Turner. I've remained migraine-free for the past 6 months, having to only take a "rescue" triptan one time for a very mild migraine. This is coming from someone who used to have a migraine every 2-4 days prior to daily medication. Dr. Turner takes time with his patients to find and treat the root cause of the issue. Further, a few visits is usually all you need, not like certain types of ongoing therapy that is costly and time consuming. I'm so thankful to have found TMClinic and Dr. Turner!



Like



**Lisa A**

2 reviews · 2 photos

★★★★★ 2 years ago -

I suffered from Cluster headaches for 7 years, I have been to a neurologist, had a MRI done, tried every medication, and the only thing that helped was Oxygen. That was until I came here and found out the way to solve my pain wasn't with my head but with my neck. After 2 weeks of seeing Dr. T my headaches had decreased and I was able to sleep though the night. As of today it has been about 2 weeks since my last cluster headache and I am able to sleep comfortable at night without worrying about having another headache. Thanks to Dr. T and Megan I have my life back!



Like



**Rachel Simpson**

1 review

★★★★★ a month ago -

I have taken every class of oral medication, infusions, and botox shots. Dr. Turner and his staff are great to work with and you don't have to go to their office. I am in central Mexico, so all of my treatment took place via zoom. I am off botox and all other migraine meds now. It has been life changing!



2



**Libby Freiley**

1 review

★★★★★ 3 years ago

Dr. Turner and his staff are amazing. I suffered from migraines for 22 years and within 6 weeks I was migraine free! I had tried every medication, treatment, diet, exercise and diet supplement out there and nothing would cure my menstrual migraines. I saw results from this therapy within the first few weeks. The great part was that I never had to leave home. I did the entire treatment through FaceTime so I didn't have to make the 2 hour trip to his office.



Like

**Shayla Hobbs**

1 review

★★★★★ a year ago

After having migraines (that no doctor could actually heal) for over a decade and ending up being carted out of my home by EMT, blind and unable to speak, with my last hemiplegic migraine I knew I had to find a solution. So glad I found Dr. Turner! Not only did he explain what was happening to me and why but he completely fixed it and when he saw that I had sciatica he fixed that too!! I've never left a review for anything in my life but the healing in this place is phenomenal. If you're suffering like I was look no further. THIS IS THE PLACE.



1

**Jean Goff**

1 review

★★★★★ 4 months ago

Dr. Turner was so great to work with. He really helped me with my issues of migraines and pain in my neck and shoulders. I had tried pretty much everything else: chiropractor, massage, and even surgery. Nothing had helped until now. Now I have the tools to use if I ever need to again. Thanks, Dr. Turner!



Like

**DeeAnn Paxton**

1 review

★★★★★ 2 days ago

Migraines for over 20 years, woke up with a daily headache for the last 10-15. After using Dr. Turner's therapy I have not woken up with a headache or had a migraine in over a month. My sciatic is also 100% better. His 6-week therapy is Awesome! Love the fact I can have my visits from my home and the therapy WORKS!!!! I am one happy patient! Thank you Dr. Turner. :)



Like

**Cynthia Letayf-Cuevas**

3 reviews

★★★★★ 2 years ago

Since I was a teenager I suffered from headaches and migraines. I tried so many things and nothing worked. Dr. Turner changed my life! I have almost no pain now and I'm out of pain medications that were already affecting my liver enzymes.

Dr. Turner is the best!!! I am truly grateful!!!



Like

**Laura Wright**

2 reviews

★★★★★ 2 years ago

I first visited Dr. Turner four years ago when my migraines had gotten to the point that I was no longer living a normal life. I was stuck in a pattern of pain and frustration, and had tried every other medication, treatment, or pain plan in the book. After a pleading Facebook post, a friend told me about Dr. Turner and how much he had helped her. I made an appointment immediately and started feeling better within the first week. Within 3 months, I had my normal life back again!

A few months ago, I started having symptoms again (after 4 years of blissful relief) and made another trip to see Dr. Turner. Once again he has worked his magic and I am back on the road to recovery. I thank my lucky stars every day that I met Dr. Turner - his physical therapy plan is a God-send!



1

**Stephanie Chancellor**

3 reviews

★★★★★ 2 years ago

Dr. Turner is a miracle worker! I had DAILY headaches for 19 years! No medications provided permanent relief and five neurologists, PT, and chiropractic could not do what Dr. Turner accomplished in less than six weeks!! I have been headache-free, DAILY, since our 5th session!!! Please give this therapy a chance. The office is comfortable and centrally located and the staff is fantastic! This therapy is worth every penny spent, ten times over. I am grateful for Dr. Turner and his phenomenal therapy. It works, when nothing else will.



2

**Michelle Fox**

1 review

★★★★★ a month ago

I HIGHLY recommend Dr. Turner. He is kind and honest and very helpful. I have had migraines for 25 years and FINALLY have relief with NO pain killers. AND he helped me with my back!!!!



Like

**Paige Humphreys**

1 review

★★★★★ 4 weeks ago

Dr. Turner listened and figured out the problem was in my neck, in just a few short weeks Dr. Turner was able to get me out of pain that I have had daily for 30 years. I was told I had migraines and have been kept on a wide variety of medicines that just gave me no relief. Neurologist after Neurologist would say things like "oh you have migraines here are the meds you should take" never really listening to me when I would say "how come I can't turn my head to the right" "Why can't I look up".

I would HIGHLY recommend Texas Migraine Clinic!!

Dr. Turner and staff are kind, caring people.



Like

**Dee Tavares**

1 review

★★★★★ 3 years ago

I never thought there was a cure for migraines, I thought it was just something that was a part of me! After seeing Dr. Turner and going through the program I have changed my thought.....migraines are not a part of me!



Like

**Kimberly Trinidad**

3 reviews · 12 photos

★★★★★ 2 years ago

I had suffered with migraines for over 20 years and I thought my only relief was medication. Dr. Turner changed all of that and dramatically changed my quality of life and I am truly grateful!



1

**Cindy Salazar**

1 review

★★★★★ 2 months ago

I've had episodic cluster headaches for 25 years. I've seen neurologists, chiropractors, massage therapist and acupuncturist - with little to no relief. I was going through a cluster cycle and came across Dr. Turner's practice. If you suffer from cluster headaches and want relief, you must contact Dr. Turner! He does a great job of explaining the cause and the symptoms. The techniques are easy to follow and very doable! I too was apprehensive about the zoom visits, but it works! He is personable and his office staff is awesome too!

Like

**Ashley Mathews**

1 review

★★★★★ a year ago

After struggling with constant migraines, along with neck, shoulder and back pain for my entire adult life, I finally took the plunge and visited Dr. Turner. Honestly, I'm kicking myself for not doing this A LONG TIME AGO! He is compassionate, and focused on correcting the cause of the problem (rather than medicating the symptoms). Within the first few sessions, I was already noticing huge improvements, and after 3 months, I'm mostly pain free! If you're on the fence about checking him out, don't hesitate! It's so worth it!

2

**M Paul**

5 reviews

★★★★★ 3 years ago

Dr Turner has worked wonders! I have suffered from migraines & headaches since I was young and I just thought it was something I would live with and so that's what I did. After being under Dr Turner's care I haven't had a migraine & no longer suffer from constant head pressure on a daily basis. I never thought I'd know what it felt like to not worry about getting migraines & headaches & no longer have to plan my life around them! Highly recommend, I only wish I'd found him sooner! Start living life headache free!!

Like

**Rebecca Olivarez**

2 reviews

★★★★★ 3 years ago

I wish I came to Texas Migraine Clinic years ago! I suffered from migraines for 14 years. I tried all kinds of meds, massage, dental intervention, herbal remedies with little to no success. I googled migraine specialist and saw Dr Turner's webpage. I had a consult and committed to the process. It was so nice to say out loud how much migraines have affected my life. Weekends were spent often in bed or the sofa. I had to push through the week to work and just to function as a person. I learned to be in pain and accept it. Everyday was started with fearful thoughts of when the migraine would start. I spent 4 months in Dr Turner's treatment. Holy Cow! It's amazing. I am 95% migraine free. I used to have an average of 16 migraine days a month. Now, I have 1 maybe 2 migraine days. And they are minor. No more pills. No more oils. I was angry that no doctor had ever told me about my disc or the possibility of this intervention. I wish everyone who suffers from migraines or has a loved one that suffers ones about Texas Migraine Clinic. I've called one person in my life a "superhuman" and now, this is my second ; Dr Turner is a true superhuman and has changed my life. Thank you Texas Migraine Clinic.

1

**Matt Street**

2 reviews

★★★★★ 3 years ago

Absolutely fantastic experience. I had been getting migraines for a few years prior to seeing Dr. Turner. Every other Dr. I went to treated the migraines with everything from triptans, to anticonvulsants, to Botox. He's the only Dr. who determined a cause and treated the cause. Treatment is simple and non-invasive. It's amazing that this isn't a wide spread practice. A DOCTOR WHO ACTUALLY WANTS TO HEAL YOU!!!!

2

**M Covey**

1 review

★★★★★ 4 years ago

After 25 years of what I was told were muscle induced headaches akin to migraines, I was pessimistic that anything short of surgery would cure the problem and only strong medications would control symptoms. Dr. Turner's basic exercises were simple, easy to execute, and effective. I most appreciated the ability to attend the bulk of my appointments via Skype, significantly reducing time away from my family and work, and preventing me from having to use vacation or sick time to cover my appointments.

Like

**Raquel Villegas**

2 reviews

★★★★★ 3 years ago

All of the women on my mother's side have had fibromyalgia and we assumed there wasn't a way to fix it because that is what doctors had told us. I would take pills after pills, hospital stays and even tried Botox but nothing would ever make it fully go away. Dr. T showed us there was. I now am migraine free after having a constant migraine for 5 years, and migraines before that due to my fibromyalgia. I am very thankful for all he did. He does a very thorough job of explaining what he is doing, and would answer all of my questions without making me feel stupid. Dr. T saved me from all the pain pills I was taking for my migraines. Instead of trying to treat me for my problem, he fixed the problem. Give him a chance and you won't regret it!

2

**Shelby Norman**

1 review

★★★★★ 4 months ago

I was initially a bit skeptical of this process as it really is not in my nature to reach out to a doctor in another state via zoom calls; however, I was tired of the constant migraines I was getting and was getting desperate to try anything that might help. I'm so glad that I did! On our first evaluation call (which was free so everyone should at least give the evaluation call a chance), Dr. Turner explained the physiology of what was causing my symptoms in a way that no one else ever had and it made complete sense. Each session for me was roughly a 30 min zoom call where we would talk about the symptoms I was experiencing and he would give me exercises to do to help. After only 4 sessions (and actually doing all of the exercises he recommended between each session), I could tell a huge difference. I had a situation at work that 100% would've caused a migraine in the past and I could feel the initial symptoms start, but the migraine never actually came. It was such an incredible feeling to realize that after experiencing migraines for nearly half my life, I may not have to any more!

To summarize: I would highly recommend Dr. Turner and the Texas Migraine Clinic to anyone who is tired of dealing with migraines and the terrible impact they have on your life. The cost was very reasonable, particularly considering the long term migraine relief that I should experience. Dr. Turner is clearly very knowledgeable on the topic and everyone I interacted with was friendly and professional. I would definitely give them 5 stars!

Like

**L Lindsay Mac**  
1 review


★★★★★ a month ago

I have suffered from migraines ever since I was a little girl. After years of trying what I thought was everything, I came across the Texas Migraine Clinic. I decided I had nothing else to lose, so I decided to give it a shot. This is the BEST decision I have made, and I can't believe how life changing my experience has been.

Since the start of my treatment, I have only had to take my migraine meds one time in almost two months- which would normally be at least two times in a week for me. Incredible!!!

Dr. Turner and his staff are absolutely wonderful! I have had plenty of experience with many different clinics, and this place is top notch!


Don't wait another second, make your appointment. I promise you will be so glad that you did!!!

 Like

**R Russell Church**  
1 review

★★★★★ 2 years ago


I had been dealing with headaches for over 20 years. I would go pain free for small amounts of time but never completely rid of them. I relied on OTC medication to decrease the symptoms and went to multiple doctors trying to find a lasting solution and never found one. After Dr. Turner's treatments I am finally living without constant headaches. He explained everything very thoroughly throughout the process and the ability to conduct most of appointments via face time was great. Not worrying how severe my headache will be today or the headache ruining the day especially after a hard workout has been awesome.

 1

**L Lisa Conoley**  
2 reviews

★★★★★ 3 years ago


After suffering from migraines for over a year, my husband found the Texas Migraine Clinic and it has changed my life. All headaches are gone! Dr. Turner is a miracle-worker!

 Like

**B Brett Cohen**  
1 review

★★★★★ 2 years ago


Dr. Turner is a master of his craft. I was skeptical after reading the amazing reviews of this natural way of treating migraines, but after going through his program I've had zero migraines and very few headaches. His approach makes sense and targets the cause of the problem. The idea of using medicine to remedy symptoms doesn't address the underlying cause like Dr. Turner's approach. I highly recommend seeing Dr. Turner before seeking other more invasive approaches. Thanks, Dr. T!

 1

**Elizabeth Patterson**  
3 reviews

★★★★★ 4 years ago


Could not be happier! I have not had a migraine in four months. I love that this therapy does not just treat my symptoms. I am actually fixing the problem. If you suffer from migraines - even occasionally - I highly recommend this treatment. It is so empowering to know how to recognize the start of a headache and completely knock it out with NO medication! This has been life changing for me and my family!

 2

**Nancy Delacruz**  
3 reviews

★★★★★ 2 years ago


Dr. Turner is extremely knowledgeable and gets to the source of the issues. I was suffering with debilitating vestibular migraines since August 2017. I went to 2 ENT Dr's and 2 Neurologists and all I was given was medications to mask my symptoms. I was at a breaking point in April and was on 10 different prescription medications and couldn't envision living like that forever. It is now June 16th 2018 and I am on absolutely no migraine preventatives/ pain meds/ migraine abortive medication, etc. I have completely weaned myself off everything . I have not experienced any migraines since I started the treatment plan with Dr. Turner. Thank you Dr Turner for truly caring for your patients . You are a blessing and may God continue to bless you and your practice.

 1

**J Jenni R**  
1 review

★★★★★ 4 years ago


Before being referred to Dr. Turner and his staff, I had a migraine every single day from the time I woke up until I went to sleep for 4 months! I was beginning to think I was crazy, the way other doctors looked at me! Now I'm done with my office visits and I haven't had a single migraine in months! I'm so thankful for the Texas Migraine Clinic, the staff there are so kind and really care about your health! I can't thank them enough for helping me!!

 2

**mikayla govoni**  
3 reviews · 2 photos

★★★★★ 4 years ago

no longer suffering from migraines. this clinic really helped me

 Like

**Kataluna Soul**

4 reviews

★★★★★ a year ago

First and foremost, I now have my life back in a way I never thought possible amidst all of the pain.

I never thought I would be mountain biking, trail running, hiking, going on multi-day backpacking trips, traveling abroad, rock climbing, renovating houses with my husband for out company and general adventuring and growing in to my life's purpose to the level that I am. Since my final appointment about two years ago, I've been to Hawaii, Spain, Portugal, France and Thailand where I've been cliff jumping, scuba diving, snorkeling, repelling, surfing, taught my nieces to rock climb, climbed a 14er, explored slot canyons, hiked and got engaged at the top of Zion to an amazing and adventurous person, and now rock climb, run, hike and mountain bike nearly every day. I attribute my ability to do these things to Dr. Turner and his team.

I just want to say thank you to Dr. at and his team. They have made a huge difference in my life. It's unrecognizable to what it was a few years ago and I cannot express my gratitude enough. The work they do is amazing and I tell everyone I can about the work they do hoping that they too reach out and experience relief and the life that they want as a result.



1

**thomas dietz**

Local Guide · 119 reviews · 276 photos

★★★★★ a month ago

I've had migraines ever since childhood. I've tried multiple medications to decrease their frequency with no relief. Almost immediately I noticed improvement with Texas Migraine Clinic. After 6 weeks of treatment my migraine frequency and intensity has been drastically reduced. I've gone the past several weeks without a single headache. I definitely recommend this place to anyone who is a migraine sufferer.



Like

**Katherine Long**

Local Guide · 9 reviews · 21 photos

★★★★★ a year ago

Dr Turner is a great doctor. He healed me from chronic migraines and lower back pain. I have been migraine free for almost 3 years. Dr Turner and his assistant taught me how to move my body in simple ways that relieve the pain in my neck and head, as well as in my lower back. I do this simple 90 second exercises everyday to stay pain free.

I like that Dr. Turner wants to heal you not just treat you and drain your bank.

I highly recommend this doctor! He has a gift of healing! 😊



1

**Trapper Wilson**

4 reviews

★★★★★ 2 years ago

For the past several years I've suffered from vertigo / dizziness, and daily head pressure. It affected my daily activities and my ability to work and spend time with my family. After seeing multiple specialists (ENTs, Neurologists, Otoneurologists, Chiropractic) I found my way to Dr. Turner and his treatment plan changed my life for the better. If you are suffering from migraine or migraine related symptoms, Dr. Turner can help you. Thank you Dr. Turner!



1

**Kami Rookstool**

8 reviews

★★★★★ a year ago

If you experience migraines and/or pain in your shoulders, upper back and neck as I have for 23 years then You need to check out Dr. Jeff Turner. I saw Dr. Turner remotely over Zoom (I was a little skeptical of the remote treatment but it works). After 1 month of treatment exercises I went from migraines 5 days a week to about 1 and now after 3 months and 6 actual Zoom appointments I only get 1 or 2 a month and they only last a few hours, not days. This has changed my life. I used to be afraid to do normal things because they would trigger intense and long-lasting pain for days on end. Of course I still have to be careful not to overdue it while healing. Dr. Turner has given my life back.



1

**Lilia Marek**

1 review

★★★★★ 3 years ago

Dr. Turner is amazing and he absolutely changed my live (actually, he gave it back to me)! I have been suffering from daily headaches and arm pain and tingling for many years. I have poisoned my body with all kinds of medications, I have tried all types of doctors and therapies, I have even had a major surgery to help with the arm pain/numbness. In just a few weeks, Dr. Turner was able to stop the arm numbness and the daily headaches. I don't remember the last time I felt so good! I don't have to power through the work week and live/work with pain, and I can enjoy my family on the days off! My loved ones have noticed the difference too! Thank you, Dr. Turner! I really wish I would have met you 15 years ago, so that I would not have had to miss so much of my life and suffer through so much pain.



1

**Maria Salas**

1 review

★★★★★ a year ago

I've struggled with constant migraines for most of my adult life, I was referred to Dr. Turner after my most recent ER visit and I'm so glad I did! He is professional and knowledgeable and focused on correcting verses trying to just recommend more medications. Within the first few sessions I started to notice less pain I was able to stop taking meds huge improvement from having constant pain.... I highly recommend Dr. Turner to anyone who'd rather correct the issue than mask it with medications. You will not be disappointed!

Thank you again Dr. Turner



2

**Gloria Javalois**

1 review

★★★★★ 3 years ago

Dr Turner and his team were very nice and understanding. I currently had hemiplegic migraines that I wasn't aware of and thanks to dr Turner I have been off my meds that I had been on for years due to his routine follow ups and treatment sessions.




Like

**C Chris Forcey**  
2 reviews

★★★★★ 2 years ago


Dr. Turner really provided me with some major relief. I've been suffering from migraines as long as I can remember and regularly for the past couple years. That ended after just a couple of visits. Amazing. Highly recommend to anyone dealing with migraine issues, you won't regret it.

 2

**D DeAnna Roso**  
2 reviews

★★★★★ a year ago


I have had chronic pain and migraines since 2001 due to a car accident. I have tried everything to find any relief. I am way overdue for Botox and I am feeling better than I have in a decade!!!! Thank you, Dr. Turner!!!

 2

**A Avo Garboushian**  
1 review

★★★★★ a month ago


I was struggling with intense neck pain which led to headaches for a few years. I had tried multiple different approaches to find the issue and fix it. Nothing seemed to really help, everything I tried was more of a temporary fix. I found Texas Migraine Clinic online and was very easy to communicate. They were a big help as they went right to the source to fix the problem. Dr. Turner is very knowledgeable and the staff is very friendly. Great service overall and great results in the end.

 Like

**J Jesus Jabrony**  
1 review

★★★★★ 3 years ago


I had had headaches for 3 years and no doctor could help me. Im so gracious to have found doctor turner, he cured my headaches in so little time!

 Like

**A Amelie Simons**  
1 review

★★★★★ 5 months ago

Dr. Turner is wonderful and his system actually brought me relief from my years of chronic migraines. I cannot recommend him enough!!

 Like

**Jessica Todd**  
Local Guide · 12 reviews · 2 photos

★★★★★ 4 months ago


Seriously it's sorcery!! I've had a lumbar puncture, MRI, meds that made my hair fall out etc etc to treat vestibular migraines with absolutely no help!! After the first virtual treatment with Dr Turner I got relief! His staff is so sweet and he is really easy to talk to! So thankful I took the leap and went ahead and did this! It's literally given me my life back!

 Like

**Spenser Heaton**  
1 review

★★★★★ 4 months ago


It was great discovering Texas Migraine Clinic. Dr. Turner and his staff was easy going, knowledgeable and compassionate to work with . I had been suffering from multiple Hemiplegic Migraines each month and since seeing them I have been migraine free. Anyone who is seriously plagued by migraines and wants a solution should check out the clinic.

 Like

**Lindsey Stephens**  
1 review

★★★★★ 11 months ago


As a younger individual with no previous medical history, I was really scared when I suffered my first migraine at the age of 22. I was nearly kept home from nursing school, clinicals, and work most days as my symptoms persisted for over a month, unrelentingly. After numerous ER visits, a few primary care office visits, followed by an MRI and CT scan, I had no answers to the cause of my headache, numbness/tingling, back, shoulder and eye pain that left me feeling like I would never feel normal again. When I was offered Aimovig (a monthly injectable for migraine prevention only FDA-approved for a year) by my primary care provider, I knew I had to search for another option. When I found the Texas Migraine Clinic, I received a personal over-the-phone consultation from Dr. Turner, who listened very intently to each of my symptoms, which instantly put me at ease, as my symptoms had been previously "brushed off" in the ER and by my primary physician. When I visited with him the following week, he explained where my migraines were coming from, which no medical professional had been able to do. After 3 months of office visits, I am happy to report that I sat for my RN licensure exam last week HEADACHE FREE. I am so happy to have found Dr. Turner and his staff — they have given me my sense of normalcy back, and for that I will be forever grateful. Please give the Texas Migraine Clinic a try!!

 2

**V Vero Stokes**  
1 review

★★★★★ 2 years ago

My son suffering from cluster headaches was really at the end of his rope when we miraculously stumbled upon the clinic and Dr.Turner. Medication was a temporary relief and nothing ever took his headaches away completely. Day 1 of treatment was when we knew that our answer was found. After several treatments, my son has now been headache and medication free. What a wonderful staff and doctor! Thank you!

 1

**annette cantu**

1 review

★★★★★ a month ago

Dr. Turner is a godsend I am so glad I found him and it was by accident but I am very blessed I did!.. I have been suffering with migraines since I was 16 years old... I'm 44 now!.. They just kept getting worse and worse and I've tried every medication there is from all sorts of pills to injections and still no hope in sight..:(

I love being outdoors but with my migraines it's not possible.. if it's too bright or too hot it all triggered my migraines. Life just wasn't that great..:(

Dr. Turner has helped me tremendously!.. I haven't had a bad migraine since the 26 and 27 of October 2020! My migraine lasted 2 horrible days.. Missed work and stayed in bed all day long in pain..:(

Whats crazy is I started to see him on the 29th of October and like that!!.. Boom!! There Gone!!!

Not one headache or migraine since then!..:(

God Bless You Dr. Turner!!

Thank You so much for giving me a life without pain and medications...🙏🙏🙏



Like

**neha k**

1 review

★★★★★ a week ago

I have to admit I was skeptical initially. I've had migraines since I was a teenager and the only treatment option I've had is medication. But with Dr. Turner's method, my migraines have almost disappeared! Its amazing and life changing relief. I wish I had know this clinic sooner, I wouldn't have suffered for so long.



Like

**Lillian**

Local Guide · 47 reviews · 12 photos

★★★★★ 10 months ago

I have hemiplegic migraines and this is the only Dr. That has helped with my issue



Like

**Shannon Hernandez**

1 review

★★★★★ 5 months ago

Dr Turner is absolutely amazing at what he does, and what he does is truly work on the root of migraines/headaches. I have had migraines since I was 8 or 9 (15 to 20 years) when I had a neck injury and most likely a concussion, I had tried so many different medications and treatment options with no real hope of getting rid of them. I have missed family weddings, family dinners, meeting up with friends, and calling into work from them that I didnt know what else to do. Dr Turner took the time to discuss everything with me and the first time I saw him back in 2018 I was having 5 to 6 headaches/migraines a week and after 4 treatments with him I didnt have any for 3 months! All this with no medications. Life gets in the way and I hadn't seen him since then but I'm so glad I got back in and am looking forward to get rid of them for good cause with 2 kids I dont have any time for migraines. If you are suffering from headaches or migraines give Dr Turner a call, you will be so glad you did!!! Thank you Dr Turner for helping me!! You are the best!



Like

**Drew Teague**

2 reviews · 1 photo

★★★★★ 2 years ago

Migraines and neck pain had taken over my life and I was desperate for a cure. I tried medications with bad side effects, massage therapy, chiropractic adjustments, and acupuncture, but nothing worked. Finally, I found Dr. Turner on Google and he has changed my life! I no longer get migraines and I'm no longer in constant pain. One of the best things about him is there's no surgery, medication, or radiology involved! He taught me exercises to correct bulging disks in my neck and lumbar spine. I was skeptical but willing to try anything and I am so glad I did. Also, shout out to his amazing bedside manner! I looked forward to our appointments because he was so great.



2

**monica mejido**

1 review

★★★★★ 2 years ago

I had a cervical problem, and I was in a lot of pain. I have seen several doctors and and the pain was the same . But when I saw Dr. Turner he was a super doctor! Without any drugs only with therapy solve my problem.



Like

**Christina Shafie**

1 review

★★★★★ a month ago

I'm so very grateful for finding the Texas Migraine Clinic this summer. After suffering from acute, pounding headaches, that included nausea and impeded my ability to sleep for more than an hour or so - different from the migraines or sinus headaches I've experienced in the past - Dr. Turner and his incredible staff quickly diagnosed the disc issues that were leading to the headaches and pain, and set up virtual treatments that very quickly remediated the symptoms and helped me with daily therapeutic exercises and ergonomic products to ensure that I will have a long-term recovery.

I can't say enough how tremendous Dr. Turner and his team are, so kind and helpful, and it was also such a relief to have these sessions all virtually, removing any risk of exposure during this pandemic, and for me personally, any fear of manual manipulations after previous experiences with chiropractors that left me in more pain than what I started with. I'm especially thankful that I was on-boarded into the schedule so quickly for treatments, after my PCP was uninterested in offering any guidance other than for me to drink more water, leaving me suffering for weeks before finding the TX Migraine Clinic after searching online.

Thank you, Dr. Turner, Annabelle, and the entire staff at Texas Migraine Clinic. Your help and insight has helped me transform my daily life to reduce stress on my discs and joints and live without pain.



Like

**Krisa Cantrell**

2 reviews

★★★★★ 3 weeks ago

I was so tired of multiple healthcare providers offering me temporary solutions for my debilitating migraines without ever getting to the root cause of why I was having them. The chiropractor was actually making it worse, the medications had terrible side effects, and everything was an ongoing cost and hassle. The constant pain, nausea, fatigue and other symptoms were ruining my life. Even after a neurologist diagnosed my bulging cervical disc, they only suggested ongoing Botox injections and medications to numb the pain. I knew there had to be a better solution.

Dr. Turner offers a rehab program that actually guides you on how to fix your disc for lasting relief and the knowledge of what to do if you have an issue in the future. It only took a week to start seeing progress and at a few weeks out my migraines continue to reduce in frequency and severity as my disc continues to heal. The approach is common sense and rooted in science. As an epidemiologist, these factors are important to me. The cost was reasonable, especially compared to other migraine programs I found who promised to find the cause by doing things I had already done (like looking at food triggers, etc).

I took a chance on Dr. Turner because he was one of the only doctors who could actually explain what was causing my pain and how he could not only fix it, but give me the tools to do so even after our sessions were over. There were also product recommendations for ergonomic tools to help keep my neck in better alignment. He knows his stuff and I am very glad I found him and trusted him with my care. His staff is also friendly and helpful, and overall it was a great experience from start to finish. The remote appointments were a safe option during the pandemic and convenient with my work schedule. I'm recommending him to all my friends and family who suffer with headaches and/or neck pain. His free consultations are a risk free way to see if he would be a good fit for your particular symptoms, even if you haven't had a MRI or other imaging. He is truly a fantastic PT and a genuinely nice person. Highly recommend!

Like

**Ruben Gomez**

1 review

★★★★★ 3 years ago

Dr. Turner's methods and techniques have helped me extensively over the past several months. What he has done for me no other neurologist was able to do with Botox, nerve blockers or medications. His methods are simple and effective. I have suffered from migraines for several years and he was my last resort. I am thankful that my wife was able to find him. His assistant Anabell, was extremely nice and always on top of office reminders. If you are patient and in search for a better method that will help alleviate your pain this is the place for you.

3

**Michelle Barrera**

4 reviews

★★★★★ a week ago

Dr. Turner is a lifesaver! I have suffered with migraines for more than 25 years and have seen countless doctors and have tried every medication. Nothing worked. I decided 2 years ago to not take any medication at all and change to a holistic and organic lifestyle. Although I felt healthier in every aspect, I still had migraines and still could not exercise without triggering a migraine. I saw Dr. Turners YouTube video one day when I was desperately searching for relief. I decided to give it a try. It was a quick process to get started and staff was great and accommodating. I did everything Dr. Turner suggested. I saw immediate results in many symptoms. I'm happy to say that now after several months I have 90% fewer symptoms and when I do have a headache it hasn't progressed into a migraine. My therapy daily exercises will continue until May and I am confident that I'll keep progressing to 100% relief. If you have tried everything, you have nothing to lose. TRY IT! Get your life back!

Like

**Rashmi Sharma**

2 reviews

★★★★★ 2 years ago

I highly recommend Dr Turner. He is just brilliant! He patiently listens to your problem and doesn't give up until its resolved. I was suffering from bad migraines and face/head pressure for past 4 years. I had to take pain meds very often which had side effects. I wanted to get rid of the problem, not just take care of the symptoms by taking meds.

Dr Turner technique is so simple, natural and logical. He works on the spine which is the source of all headaches and back pain. After he explained the science behind all this, it made sense. He corrected my posture, how I read, watch Tv and work on my computer etc. I had no idea how I was further complicating my problem by bending my back the wrong way. I learned a lot through this process. It's been 5 months and I haven't had any migraines which is very unusual for me as I used to get them almost every month.

I can't thank Dr Turner enough for making me feel like a normal person again. Now I can make plans and do things without having to worry about those bad migraine attacks.

Last but not the least, the staff is very friendly and prompt and that makes the overall experience just awesome! Annabelle is super sweet!

1

**Kelsey Langille**

Local Guide · 9 reviews · 64 photos

★★★★★ 3 years ago

Before coming to this clinic, I suffered from migraines for years, during which time I was prescribed a rotating cocktail of pills that had little effect on my pain and made it much harder to do my job effectively. Dr. Turner was able to teach me how to reverse the underlying cause of my pain without the use of medication, and I feel well-equipped to address any potential flare-ups on my own in the future. What a relief!

1

**Genevie Aaker**

6 reviews

★★★★★ 2 years ago

I had a great experience with Dr. Turner and his staff. They are so friendly and helpful. My headaches/migraines were daily before I began treatment and now I am so much better. Headaches don't interfere with my day to day activities anymore. I have tried several approaches—natural, holistic, medication, you name it. I am so thankful this therapy approach has provided me with relief from my neck, head, and back pain.

1



**A Annabelle Sifuentes**  
1 review


★★★★★ 2 years ago

I became a patient of Dr. Turner's in May of 2017, when I also became his employee. I did not consider myself a migraine sufferer, but for the sake of learning Dr. Turner's practice, I had an evaluation by him. That is when I learned that my allergies/sinus/face tenderness, TMJ, watery eyes, teeth pain, tinnitus, and the headaches I got right before my menstrual cycles, were all caused by the nerves in my neck! I used to take a daily Zyrtec for my "allergies." Since my eval and learning which movements helped me, I have not needed to take any allergy medication! None! I have not suffered from allergies during this whole time. When I start to get the familiar tickle down my throat—the first signs of my "allergies"—I make the movements prescribed and the allergy symptoms are abolished! I no longer have face tenderness from my sinuses being full, or pain in my teeth, or go home with little make-up from wiping away tears produced by allergy eyes. I have not had a menstrual migraine since July of 2017! My TMJ is gone! What a blessing!

After the great results of my neck/head eval, I asked to have my back evaluated. My plantar fasciitis has disappeared! And also, the pain on the tops of my feet, calf tightness, and the cramping from my toes all the way to my hamstring. All gone!

Because I work in the office, I am a witness to patient's healing. Everyday someone mentions the misery they experienced daily, until becoming a patient. (Some even considering ending their life!)


I pray that those who need relief/healing will find their way to the Texas Migraine Clinic!

 2

**M Manish Keswani**  
Local Guide · 37 reviews · 176 photos

★★★★★ 4 months ago


Dr. Turner is amazing. He treats migraine patients globally. I've had 2 sessions with him and I can confirm that he is knowledgeable, experienced, skillful and thorough with the science that he has mastered. Highly recommended.

 1

**K Karen K**  
2 reviews

★★★★★ 2 months ago


I have had debilitating migranes and neck pain for over 20 years and was very inspired after watching Dr. Turners videos. I live in NY and thought that may be a barrier to receiving care but Dr. Turner made it happen!! . I had my first zoom consultation with him and he was absolutely delightful. Very professional, extremely knowledgeable, and kind. He really listened to my issues and concerns and went beyond my expectations to help me when I really needed it most. I'm actually hopeful for the future for the first time in a long time. Hopefully looking forward to days with less pain!!

 Like

**Desiree McHutchion**  
1 review

★★★★★ 2 weeks ago


Dr. Turner gave me a whole new outlook on my perspective to treating and healing my neck as well as my body. aside of what I once thought I was doing right I am very thankful I gave his theory as chance and am so grateful i had the oppurtunity to work with him. I saw results to his treatment within 24 hours. I highly recommend his treatment. His approach is very effective and really convenient doing all my appointments via zoom. no driving, no medication, no surgery. Go See Dr Turner!!!

 Like

**Custom Dynamics**  
5 reviews · 1 photo

★★★★★ a week ago


When I started with Dr. Turner I could barely tilt my head up. I had alot of pain and grinding and popping in my neck along with my migraines. In a short amount of time I have resolved most all of my neck pain and regained a high degree of my neck mobility. I have seen a significant improvement in my related headaches and head pain.

 Like

**P Paula Bash**  
3 reviews

★★★★★ 3 months ago

Dr. Turner was great to work with and helped me work through very challenging headaches that originated from my neck. My tight muscles that surrounded the neck/upper back are doing much better. Thank you!!


 Like

**Jennifer Ledoux**  
1 review

★★★★★ a year ago

Prior to working with Dr. Turner, I had been dealing with migraines for over 30 years. At the time treatment started, I was in pain almost every day, and it was having a severe impact on my quality of life. I was running out of prevention and treatment options as nothing was working well or for very long. After treatment with Dr. Turner, I have reduced the number of medications I am taking and the frequency. I have gotten significant improvement in all my migraine symptoms, to include pain, nausea and others. My quality of life has dramatically improved! Dr. Turner taught me how to address the root cause of my pain in a way that is easy, repeatable and accessible to me at all times.

I appreciate the friendly and helpful staff and flexible hours for scheduling. The process was easy and treatment was cost effective. I am deeply appreciative of the care provided by Dr. Turner and his staff.

 3

**Katy Penland**  
1 review

★★★★★ 11 months ago

After struggling 10+ years with chronic migraines, Dr Turner has helped me manage my pains more than any medications ever have. I have had my first completely pain free days in years since starting treatment with him. Highly recommend anyone who struggles with pain reach out to his office



1

**Joe Solnosky**  
8 reviews

★★★★★ a year ago

Amazing doctor. I'm weaning off my preventative vestibular migraine med now as a direct result of the exercises that I did with dr turner (been on them for six years). The information he shares on the why and how is really helpful and appreciated as part of the process. I noticed results within the first week. He also gave me some bonus lower back exercises as part of our (only) four treatments. Simply amazing. If I could give him 10 stars I would.



2

**Carolyn Wiley**  
1 review

★★★★★ 2 years ago

Dr. Turner and staff are helpful and respond promptly; they are really friendly, caring people. I admit, I was very skeptical that this treatment would work but I am almost 2 months 'post treatment' and feel great! I went from frequent severe migraines to having only 1 small manageable headache in the last 60 days. I am SO much better!!



2

**Mike Miller**  
7 reviews

★★★★★ 2 years ago

Life changing therapy sessions with Dr Turner. Prior to going to Dr Turner I was experiencing daily headaches and missed work at least once per month with frequent debilitating headaches. I finished my therapy sessions about 3 weeks ago and have not had any symptoms. I was unable to do something as simple as jogging without massive headaches afterwards. Now I'm back on the treadmill working towards a 5k and have not had any issues. He's very friendly and knowledgeable. He does not recommend medication and really does get to the root cause of the issues. I would highly recommend Dr Turner to anyone experiencing back or neck pain or migraines.



1

**Madison Franklin**  
4 reviews

★★★★★ 10 months ago

Doctor Turner was great! Even after the first visit my symptoms were reduced tremendously. I would highly recommend him.



Like

**Sarah Dunagan**  
1 review

★★★★★ a year ago

Thank you so much Dr. Turner for getting me on the path to more migraine free days! If you are suffering from migraines I highly recommend Dr. Turner to help with more long term success!



Like

**starfairy3**  
2 reviews

★★★★★ 2 years ago

I came to Dr. Turner desperate for some type of relief. I was having headaches pretty much daily and crippling migraines 2-3x a week. I've been on meds for them since I was 15 and felt like I had tried everything. Dr. Turner got to the root of the issue! He is so knowledgeable and genuinely a great guy. I can't tell you the last time I felt this good. Thank you so much Dr. Turner! If you've been suffering you definitely need to make an appointment to see this guy!



Like

**J Arnold**  
1 review

★★★★★ a year ago

April 26, 2019

For four (4) long years, I experienced debilitating vertigo, which caused me to be unable to stand, and consistently caused violent vomiting, severe dizziness and inability to focus on tasks. I initially sought treatment from an otolaryngologist and a neurologist at the Houston Medical Center. After two MRI's, a CT scan, X-rays of the upper torso, treatments by an expert on ear "crystal" alignment, my vertigo continued. I was referred to another neurologist in Dallas who had expertise in vertigo, and was ultimately diagnosed with "vestibular migraines". I was unable to tolerate the medicines prescribed by the second neurologist and the vertigo and severe dizziness continued. After suffering a fall at my home during another severe episode of vertigo, I searched the internet for "migraine doctor San Antonio", due to its close proximity to my home. The Texas Migraine Clinic showed up on the search and I was able to obtain an appointment with Jeff Turner, DPT, as his San Antonio office. I received immediate relief after only two treatments in Dr. Turner's office, where it was explained that my neck, specifically the C5-C6 disc, was the likely source of my vertigo issues. After four (4) years of debilitating vertigo, and after only four initial treatments from Dr. Turner, and following his regimen of proper sleeping position, simple neck exercises, and proper head and neck alignments and positioning, I have experienced only very minimal vertigo on literally a handful of occasions over the past 8 months, which is a far cry less than the almost daily occurrences, I previously experienced. These relapses, in my opinion, were caused by doing things that were adverse to my neck alignment. More importantly, if I feel the first sensation of dizziness, by properly aligning my neck and head as instructed by Dr. Turner, I can abate the dizziness almost immediately, thus eliminating the vertigo before it becomes severe. My follow up treatments have been less than 5 since the initial treatments concluded in September, 2018, and were mostly at my request to reassure me that I was on the right track to healing. My rating of Dr. Turner and his staff would be nothing less than 5 stars.

Jay L. Arnold

**Lucas Keller**

8 reviews

★★★★★ 3 years ago

This is a must!!!

Everyone should know about Dr. Turner and his very well educated and professional staff. I'm more than grateful for being referred.

For the last 5 or more years I have had awful stomach symptoms. Nausea while eating, before eating. Feeling full only a few bites in. Striking a gag reflex before I even put food in my mouth, day after day had completely worn me out in many ways. I went to (4) Gastrointestinal clinics almost begging them to find something.

I say with the most sincere smile, that Dr. Turner's system works. After my second visit ALL my stomach symptoms were absent... yeah gone. The feeling is indescribable. Did I mention I didn't even go to Texas Migrane Clinic for my stomach? I went for numbness in my fingers, elbow pain while doing physical activity. Neck and back tightness... you guessed it, he knocked out those symptoms one by one.

5 star. 10 of 10. Do yourself the biggest favor ever and set up an appointment. I couldn't be more positive about his program.



1

**steven czerwinski**

2 reviews

★★★★★ 2 years ago

did my sessions via skype with dr. turner. he was every bit attentive as if in person/in office. he is knowledgeable in his therapy and modalities and how to apply them. I have received much relief from chronic headaches and dizziness since starting his method of therapy. highly recommend him either in person or skype.



1

**Felix J. Aranzadi**

3 reviews · 10 photos

★★★★★ 3 years ago

Thanks Dr. Turner,

I had very bad headaches when I first visit you and taking a lot of meds. Now no more meds and I finally know the cause of those horrible headaches. I can identify triggers and work with the problem. Thanks a lot.

Very Respectfully

Felix Aranzadi



Like

**Celestine Allen**

1 review

★★★★★ 3 years ago

I have suffered with headaches for 35 years I've been told I have everything from cluster headaches to a pseudotumor to migraines. Dr Turner helped me to learn that I had a bad disc in my neck which was causing my headaches. With his help, I have become headache free



1

**Warren Wu**

1 review

★★★★★ 3 years ago

I have had headache for over five years. I started seeing Dr. Turner at the end of Jan. 2017. Under his care, my headache has been greatly improved. Most of my symptoms are gone. The exercises he gave me are great tools when I feel a headache is going to come on. I know if I continue with his program, I will continue to improve.

Thank you! Dr. Turner



Like

**MEG**

16 reviews

★★★★★ 2 years ago

Dr. Turner is awesome.He healed my neck and back completely ,and he gets to know you as a person,and not just his patient.



1

**Kate Flynn**

1 review

★★★★★ 3 years ago

I've been seeing Dr. Turner at Texas Migraine Clinic for the past few months and I couldn't be happier with my progress or the practice. I've had chronic migraines for the past 7 years trying everything medication, Botox, acupuncture, supplementation and the list continues. I was having 15+ migraines a month with symptoms every day. I'm still working through the program with Dr. T but have only had 4 migraines this past month which I have been able to track to certain activities and my daily symptoms no longer exist. An additional and rather awesome service is that if you live anywhere but San Antonio you can do Skype/FaceTime sessions after your first in office consultation. Because of this service I am able to see Dr. Turner and continue my progress. I can't recommend Texas Migraine Clinic or Dr. Turner enough!



Like

**Margaret Rose**

Local Guide · 27 reviews · 2 photos

★★★★★ 3 years ago

I had a great experience at this clinic! Super helpful staff and doctor. Felt so much better even after the first visit. Definitely recommend to anyone suffering from migraines.



3



**Mallory Hines**

5 reviews



★★★★★ 3 years ago

Amazing. Finally feel like I have a permanent, physical solution rather than chasing prescriptions with prescriptions. Kind people, and the most on-time appointments of any office I've visited.

Like

**Kendall County Roofing**

11 reviews



★★★★★ 4 years ago

I was referred to Dr. Turner by my sinus Doctor. For years I have suffered with terrible sinus issues. I've had multiple surgeries and have taken every medicine that there is to take with no results. My sinus doctor told me that the pressure and pain with my sinuses were migraines and not sinuses. I thought he was crazy but decided to give it a shot and go see Dr. Turner.

When I arrived for my first appointment I was very skeptical. I didn't think he was going to be able to help me and that all I was doing was waisting my time and money. I could not have been more wrong.

Not only did Dr. Turner take away my sinus pain. He also fixed the pain and tension that I always seemed to have in my sholder and mid back. It turns out that those things were all related because of an out of place disc in my neck. I was shocked! His treatment worked so well on my sinus issues I decided to talk to Dr. Turner about the pains I had been having in my lower back. Turns out that my back pain was caused by the same thing. I've been going to the chiropracter and recieveing massage therapy for years. Those things helped but only on a temporary basis not a permanent fix. Dr. Turner offeres a permanet fix for pain.

I was under Dr. Turners care for about 5 months and now 4 months later I am still pain free. Around this time of year I'm usually miserable with allergies and sinus pain but now thanks to Dr. Turner and his staff this is the first year in a long time that I won't be sick during the holidays.

I am truly thankful for Dr. Turner and his staff. Being referred to his clinic was the best thing that happened to me this year. I highly recommend him to anyone suffering from migraines and any other types of pain. He will fix you and after the treatment is done you will wish that you would have gone to see him a long time ago.

Like

**Karol Green**

2 reviews



★★★★★ 4 years ago

I was somewhat hopeless by the time I finally found Texas Migrane Clinic and Dr. Jeff Turner and staff, after going to a number of doctors. Pain in shoulders, back and arm were causing nausea having to remove myself from the normal activities of life. He gave me movements that immediately eased the discomfort and with time and sessions with staff, I am healing and getting back to normal activities that are so important to me. Thanks, Dr. Turner and staff!

1



# Facebook

1,798  
Total Likes



1,794  
Total Follows





 **Pam Schultz Coleman** recommends **Texas Migraine Clinic.** September 24, 2020 · 

Dr Turner is a miracle worker. He literally has given me my life back. I've tried everything and I mean everything. My mom found him on FB and thought we would give him a try. Everything was done over the phone and internet. He is super nice and explained everything to me. He is the only thing that has worked for me. I went from daily migraines and tons of meds to no meds and hardly any migraines anymore. I'm still working with him to be completely migraine free.

 1 2 Comments



 Like  Comment  Share 

 **Theresa Trest Webb** recommends **Texas Migraine Clinic.** April 13, 2018 · 

Dr. Turner has been a life changer for me after having migraines for 30 years. I wish I would have found out about him sooner.

 You and 1 other

 Like  Comment  Share 



 **Tim Allums** recommends **Texas Migraine Clinic.** December 4, 2016 · 

Check out Dr. Turner before attempting more invasive methods of healing. I am having a great experience with Dr. Turner and staff. I'm on the road to recovery and will be able to avoid surgery thanks to Dr. Turner.

5 stars



 You and 2 others

 Like  Comment  Share 


 **Missy Butler** recommends **Texas Migraine Clinic.** November 22, 2020 · 


I was having neck pain and headaches daily with increasing frequency of migraines.... thank goodness that's not the case anymore! I was very skeptical at first but as I experienced ongoing improvement, I now know Dr Turner's methods work! I can enjoy life again! Thank you Dr. Turner.



 Like  Comment  Share 

 **Madeleine Eisenhauer Paul** recommends **Texas Migraine Clinic.** December 29, 2017 · 

Dr Turner has worked wonders! I have suffered from migraines & headaches since I was young and I just thought it was something I would live with and so that's what I did. After being under Dr Turner's care I haven't had a migraine & no longer suffer from constant head pressure on a daily basis. I never thought I'd know what it felt like to not worry about getting migraines & headaches & no longer have to plan my life around them! Highly recommend, I only wish I'd found him sooner! Start living life headache free!!

 You and 1 other


 Like  Comment  Share 

 **Jenny Ayers** recommends **Texas Migraine Clinic.** July 20, 2020 · 


I've been dealing with migraines and neck pain for several years. I really thought surgery was my only option to alleviate the excruciating pain that took me away from my life, my family, my work but from the first few minutes with Dr Turner I started to feel relief! Words can't express how grateful I am to have found Dr Turner and his caring staff and available staff! Prayers answered 🙏

 Texas Migraine Clinic

 Like  Comment  Share 

 **Ashley Mathews** recommends **Texas Migraine Clinic.** July 23, 2019 · 🌐


After struggling with constant migraines, along with neck, shoulder and back pain for my entire adult life, I finally took the plunge and visited Dr. Turner. Honestly, I'm kicking myself for not doing this A LONG TIME AGO! He is compassionate, and focused on correcting the cause of the problem (rather than medicating the symptoms). Within the first few sessions, I was already noticing huge improvements, and after 3 months, I'm mostly pain free! If you're on the fence about checking him out, don't hesitate! It's so worth it!

 You and 1 other


 Like  Comment  Share 

 **Jennifer McLemore Del Valle** recommends **Texas Migraine Clinic.** February 11, 2020 · 🌐


I've only been seeing Dr Turner for 1 week and have already experienced improvement with my migraines. I'm so thankful I found Texas Migraine Clinic.



 Texas Migraine Clinic 1 Comment


 Like  Comment  Share 

 **Youssef Mokhtar** recommends **Texas Migraine Clinic.** December 24, 2018 · 🌐


Thanks Dr Turner for letting me know what the x-rays failed to reveal. The exercises you recommended makes my back feels pretty normal.Wish all your patients feel better likewise! Thanks so much and Merry Christmas Texas Migraine Clinic 😊




 You and 1 other

 Like  Comment  Share 

 **Navpreet Kaur** recommends **Texas Migraine Clinic.** January 16, 2017 · 🌐

Dr. Turner and staff have helped me to heal and move on with my life and day to day activities. What they do here is amazing. I would recommend talking to them if you have headaches or aches of any sort which keep coming back. Thank you, Dr. Turner and his staff. You all are awesome!

 You and 2 others

 Like  Comment  Share 

 **Lauryn Elliott** recommends **Texas Migraine Clinic.** June 4, 2019 · 🌐

Been going to Dr. Turners office for about 2 months now and my headaches have pretty much stopped completely. Super friendly staff, highly recommend!

 Texas Migraine Clinic


 Like  Comment  Share 

 **Lori Brudvik** recommends **Texas Migraine Clinic.** July 1, 2019 · 🌐


Texas migraine clinic and the staff was absolutely wonderful to work with. Dr Turner helped me in 6 weeks with my migraines and herniated disc in my back and neck. Thank you for all your help in healing.

 Texas Migraine Clinic


 Like  Comment  Share 

 **Sheri Blanchard** recommends **Texas Migraine Clinic.** October 25, 2018 · 🌐


I am grateful for Dr. Turner because I am finally living without pain! I've suffered from several injuries and have had pain in my lower back, shoulders, neck, and hip! The exercises are truly amazing and give results quickly! His staff is friendly and very responsive, as well! Thank you, Dr. Turner!

 You and 1 other

 Like  Comment  Share 

 **Lynn Fisher Partain** recommends **Texas Migraine Clinic.** May 18, 2019 · 🌐

I highly recommend Dr. Turner if you're struggling with migraines and headaches. My healing journey began right away. As soon as I started the exercises, my "allergy symptoms," and migraines/headaches started to disappear. It took a long time to get to where I am now, probably because I have suffered with these things since I was in high school. I'm over 60 now. I also work in a highly stressful job. It's life-changing to be able to live life and not fear headaches. I thank God for blessing Dr. Turner with the protocol that heals migraines.

 You and 1 other

 Like  Comment  Share 



**Valerie Madrid** recommends **Texas Migraine Clinic**.



March 10, 2019 · 🌐

I love Dr. Turner and his staff! I was suffering from horrible migraines. I was really unhappy, not getting much sleep, very moody and was tired of taking medication. Ultimately my goal was to be in a better mood for my son so that I could spend good quality time with him. Thanks to Dr. Turner I am a whole different person to be around. I smile, laugh, and enjoy spending time with friends and family! I'm not easily irritable the way I was before and I'm so thankful! No more migraines and getting good sleep.

👍 You and 1 other

👍 Like

💬 Comment

➦ Share



# Facebook Posts & Comments

Chronic Daily Headache and Migraine Support Group

Kris Sutton shared a link. Just now

I've had chronic headaches and headaches since I was a kid. I've tried everything--meds, supplements, bodywork, acupuncture, chiro. In December, my doctor told me had nothing else for me. I was despondent. I happened upon the website for the Texas Migraine Clinic and thought I'd give it a try.

After 46 years of being alive, I FINALLY found something that worked. I thought I'd share it with you all because I wish I'd found it earlier.

Dr. Turner works with patients (in person and remotely) to heal damaged discs that cause nerve pain that flares up to create headache pain.

He does this through specific, prescribed exercises that you can do easily to change your spine. It works differently and better than chiropractic (which I love and have done for years). His background is as a PT and he has developed a system that specifically targets the discs and nerves that affect migraine pain.

I haven't had a migraine in 6 weeks and my neck has completely shifted. He also has exercises to shift the lumbar spine. This is a game-changer. I know it sounds like hyperbole. I'm so jaded I can't even begin to tell you! Seriously, this has made all the difference for me. I hope it helps you, too.

Here is the link to his website. <https://www.texasmigraineclinic.com/>



**Holly Marie** I've had migraines for over 10 years and Dr. Turner was so incredibly helpful in explaining the cause and treatment. The exercises he gave me were simple and worked!!! I haven't had a migraine in almost 2 months. Appointments were done via Zoom--so easy and convenient!! I am so very grateful to Dr. Turner for his excellent care!

Like · Reply · Message · 5w



**Lilia Marek** I've been suffering from migraines for years, often with daily headaches for months at a time. Dr. Turner is a miracle worker who has given me my life back! I tried everything else without success, and he was able to help me stay headache free in only a few weeks! I'm going back to him on occasion, when I get out of whack but he is able to get me back on track in 2 visits! He's truly caring and a wonderful person. I don't know what I would have done without him.

Love · Reply · Message · 1y



**Paige Murphy Humphreys** I was a patient of this clinic. They are wonderful caring folks. I say was because I no longer have migraines after going thru treatment with Texas Migraine Clinic.

Like · Reply · Message · 12h



**Nimai Larson** Dr. Turner is the best!!!! 🥰

Like · Reply · Message · 14w



**Maritza Jimenez** Dr Turner's treatments are life changing! Best decision ever made was to see him. Even when we lived in El Paso, he used facetime to treat my hubby and it worked! Highly recommended! ★★★★★

Like · Reply · Message · 1y



**Berenice Rendon Olivas** This is the only treatment that has actually worked for me. I've had migraines since I was in elementary school. I am now 26. I suffered horrendous migraines. I was in the emergency room twice a month. I had migraine with aura, vertigo, nausea, vomiting, sensitivity to light/sound/smells. Everything seemed to trigger a migraine. I missed work so much. Important events because I couldn't get off my bed at all. I went to countless specialists that prescribed medication after medication but nothing absolutely nothing worked. It wouldn't even at least calm the pain. I had given up until my husband found out about Texas Migraine Clinic. I will admit I didn't have any hope for it but I decided to try it. I'm so glad I did because it gave me my life back. I have not had a migraine since I started the treatment with Dr. Turner back in May 2019. I've had a few headaches here and there but 1 or 2 Advil's does the trick when before I needed a cocktail of different pain killers in absurd quantities and not even like that did it minimize the pain. Dr. Turner is very responsive and even if you don't live in the same city, like myself, he can still help you. Thank you!

Like · Reply · Message · 42w · Edited







**Mary Robinson** For what its worth.. I was having daily migraines.. could not get a handle.. tried everything.. meds, acupuncture, acupressure, botox, changed diet, supplements, herbs, oils, and oil.. the full circle of treatments.. I have been seeing this doc for 2 weeks, and have only had 2 migraines!! Is it a fluke? I highly doubt it!!! Dr. Turner is amazing.. good luck, I hope you try it and pray it works!!

[Like](#) · [Reply](#) · [Message](#) · 1y



**Stephanie Ann Chancellor** Seven month of all day constant migraine headaches which didn't respond to meds/19 years of daily minor headaches or migraines. During 7 month severe span- no meds fixed them, chiropractic only slightly/temporarily improved the pain, and exercise made it worse. The only thing that finally helped was visiting Dr. Turner and getting my pinched nerves fixed in combination with Botox therapy and moving to the country.

[Like](#) · [Reply](#) · [Message](#) · 2y · Edited



**Theresa Trest Webb** Thanks to Dr. Turner I don't have to cope with them anymore.

[Love](#) · [Reply](#) · [Message](#) · 2y



**Pauline Ramirez** That was me before Dr. Turner. All is well now. Praise God!!!

[Like](#) · [Reply](#) · [Message](#) · 2y



**Navpreet Kaur** I am one of the success stories! 🙏

[Love](#) · [Reply](#) · [Message](#) · 3y



# Yelp



**Kate F.**  
The Colony, TX  
📷 159 🗣️ 4

★★★★★ 2/8/2017

I've been seeing Dr. Turner at Texas Migraine Clinic for the past few months and I couldn't be happier with my progress or the practice. I've had chronic migraines for the past 7 years trying everything medication, Botox, acupuncture, supplementation and the list continues. I was having 15+ migraines a month with symptoms every day. I'm still working through the program with Dr. T but have only had 4 migraines this past month which I have been able to track to certain activities and my daily symptoms no longer exist. An additional and rather awesome service is that if you live anywhere but San Antonio you can do Skype/FaceTime sessions after your first in office consultation. Because of this service I am able to see Dr. Turner and continue my progress. I can't recommend Texas Migraine Clinic or Dr. Turner enough!



**Felix A.**  
Eagle Pass, TX  
📷 13 🗣️ 2 📷 3

★★★★★ 8/5/2017

📷 1 photo

Thanks Dr. Turner,

I had very bad headaches when I first visit you and taking a lot of meds. Now no more meds and I finally know the cause of those horrible headaches. I can identify triggers and work with the problem. Thanks a lot.

Very Respectfully

Felix Aranzadi  
Thanks Dr. Turner,

I had very bad headaches when I first visit you and taking a lot of meds. Now no more meds and I finally know the cause of those horrible headaches. I can identify triggers and work with the problem. Thanks a lot.

Very Respectfully

Felix Aranzadi



**Tamara E.**  
San Antonio, TX  
📷 78 🗣️ 16 📷 21

★★★★★ 4/29/2016

Over the holidays, I suddenly had severe head and neck pain to the point I was in bed for days, in a dark room, sensitive to touch and even vomiting. After being diagnosed with a pinched nerve in the ER, I researched non surgical options and found the clinic. Within a week my head pain was reduced significantly and other symptoms I didn't know were all related started going away (sinus pressure, nauseousness, inner ear itching, wrist pain, etc) By doing the prescribed neck exercises and visits working with Dr Turner over 3 months, the disk between C6-7 moved off my nerves. I now am able to detect early symptoms and stop it from progressing while I continue to heal.



**Ashley A.**  
San Antonio, TX  
📷 52 🗣️ 37 📷 29

★★★★★ 11/21/2018

I have been going here for over a year. This place is wonderful and this Dr. is great and has a great personality. He is firm and focused on resolving whatever issues. I began coming here for lower back and migraines. The results have been phenomenal and he cured my wife's planter fasciitis in one visit, but she does stick to the exercises twice daily. Not a day goes by where she does not do them. I highly recommend this place.



**John P.**  
San Antonio, TX  
📷 0 🗣️ 3

★★★★★ 12/6/2019

I was diagnosed with migraines more than 20 years ago. During that time, I have been treated by multiple neurologists. Sumatriptin injections relieve the headaches once I get them but no preventative. I tried various medications including Topamax and regular Botox injections. I also went to a chiropractor and tried acupuncture, without relief.

At the time I first went to Dr. Turner at the Texas Migraine Clinic, I was having 10-12 migraines a month. Even on days I did not suffer from a migraine, my head did not feel good. I did not expect that Dr. Turner could help me, but I was encouraged to go, so I did. Immediately, seriously, I noted a change. I felt better on a daily basis and have reduced my migraines to about 4-6 per month. Even that may improve. I strongly encourage migraine sufferers to go. I can't say he can fix everyone but Dr. Turner helped me. I am so thankful.

**Christopher C.**

San Antonio, TX

0 2 7

11/28/2016

For months I had debilitating headaches until it was discovered I may have a bulging cervical disc. Got some imaging done to reveal it was three discs. I worried it was going to be a surgical fix. Enter Dr. Turner and his staff! They were so wonderful and easy to work with and everyone was so genial and really warm to be around. Through their regimen of PT I was able to repair the damage to the discs and get back to a normal life. Before they helped me, I was on many, varied high powered painkillers and couldn't function, but I found relief with relatively simple methods of PT but highly effective exercises. Dr. Turner and his staff at Texas Migraine Clinic know their stuff to get you going and keep you from having the problems in the future!

*Our Specialty:* Lasting Relief for the Most Difficult & Severe Headache & Migraine Cases Worldwide. Clients include doctors, neurologists and other specialists as well.

After identifying the real cause behind headaches & migraines, we believe we have “cracked the code”, and have found out how to fix the true cause of headaches & migraines so they get “fixed” instead of “numbed”: all at the highest level possible. After each successful case, we’ve found that the headaches & migraines (no matter how difficult or intense) can stay gone in most cases.

Whereas other treatment options keep patients paying them (for years because they never get better), our goal is to make our patients so pain-free that they save all the time & money they would have spent on all those temporary/partial-relief options in the future once they finish our treatment.

Contact a receptionist today to get started.